

SWCFC & SWPSGFC COVID-19 COACHES TRAINING & MATCH CHECKLIST

BEFORE	*All these items are essential to complete before the training session	✓
1	Have you read the club COVID-19 guidance document, relevant risk assessment for your venue?	
2	Have all parents been informed of the club's COVID Guidance Policy and that players should not attend training if they are showing any symptoms?	
3	Have all parents given their written consent for participation?	
4	Has a training session venue and time been agreed with Stuart.shepherd@swcfc.org.uk and Andrew.sharon@hotmail.com ?	
5	Have all players attending training been booked in/confirmed with yourselves before attending?	
6	Have you worked through this checklist for each training session?	
7	Have you prepared your First Aid kit to include new personal protective equipment: masks, gloves, face shields, aprons, and disinfectant wipes?	
8	Have you assigned an area for each individual player to put their water bottle/medication/hand sanitiser etc.? These should be spaced apart to allow distancing when stops for drinks breaks occur. All water bottles should be clearly labelled with the players' names	
9	Has all equipment (balls/cones/goalposts)been sanitised/cleaned before beginning training? Although we recommend against using bibs, if you do decide to use them they should be washed between every session or stored safely for at least 72 hours before being used again as per current FA Guidelines. Goalkeepers should also sanitise their gloves before and after each session.	
DURING	*All these items are to be carried out at the training session or match	
10	Upon arrival, have you checked that all players and coaches are feeling well and have completed their self-check (see section 2 of Parent Information Pack)?	
11	Have all players and coaches' hands been washed/sanitised before and after the session?	
12	Have you read the Safety Briefing before breaking social distancing for a competitive match or training activity and explained to the players why these procedures are in place?	
13	Has a register been taken for all players and coaches involved in the session? This is for NHS Track & Trace purposes.	
14	Have you designated an area for spectators to observe the session within social distancing guidelines?	
15	Has ball handling been kept to a minimum with most contact via a boot?	
16	If playing a match, have you sanitised goal posts and the match ball(s) before the match, after the match, and during half-time?	

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AFTER	*This item is essential to maintain data for NHS Test and Trace	
17	Have you sent your attendance register to Stuart.shepherd@swcfc.org.uk and Andrew.sharon@hotmail.com and worked through this checklist for each training session??	